



Food and Agriculture
Organization of the
United Nations

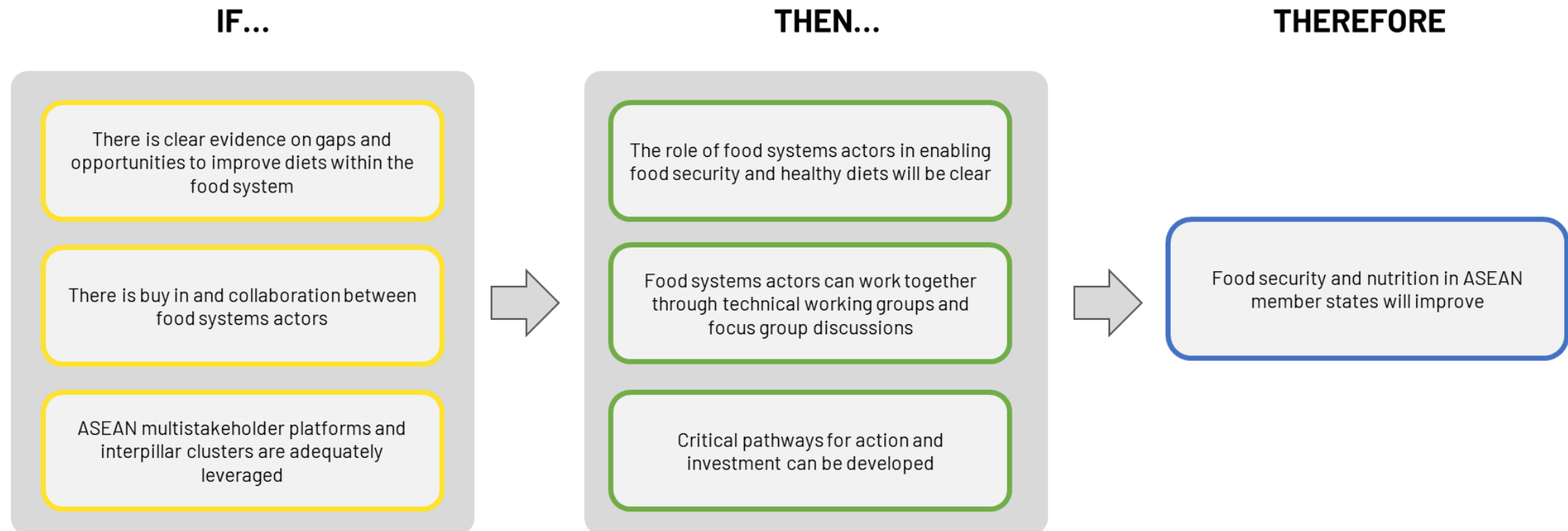


Testimonial 2 – Using the “agrifood systems pathways to healthy diets, a stepwise approach” in ASEAN

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Problem statement: The current ASEAN food systems do not adequately support healthy diets, where an abundant supply of unhealthy foods is more accessible and affordable than healthier options. Although multistakeholder platforms at both national and regional level exist, inter-sector coordination and collaborative efforts have not adequately improved food security and nutrition. Most sectors within ASEAN Member States (AMS) still tackle challenges in silos, where complex and systemic challenges would benefit from inter-sectoral coordination and collaborative efforts at local, national and regional level. Key food system actors either do not understand the role they play in enabling food security and healthier diets or they are unable to adequately collaborate with other actors.



Agrifood systems pathways to healthy diets approach

Step 1 Situational analysis

- Identify and validate key sector challenges using a problem statement
- Identify key stakeholders
- Conduct a literature review

Step 2 Theories of change

- Prioritize the problems
- Develop a Theory of Change for each identified priority

Step 3 Impact Pathways

- Map actions, outputs, outcomes, intermediate states and impacts
- Develop practice-based impact pathways
- Select indicators for monitoring and evaluation

Step 4 Theory & practice of change

- Identify assumptions made
- Assess critical hypothesis
- Assess trade-offs and knowledge gaps

- What we want to achieve: An efficient, replicable process that will simplify and streamline the data collection and analysis process and facilitate stakeholder collaboration

Step 1 –
Conduct a
situational
analysis

Technical working group defines key priorities using National Action Plans as a guide

Key priorities mapped into a problem tree and relevant stakeholders and indicators are determined using a rapid questionnaire)

Step 2 –
Theories of
change

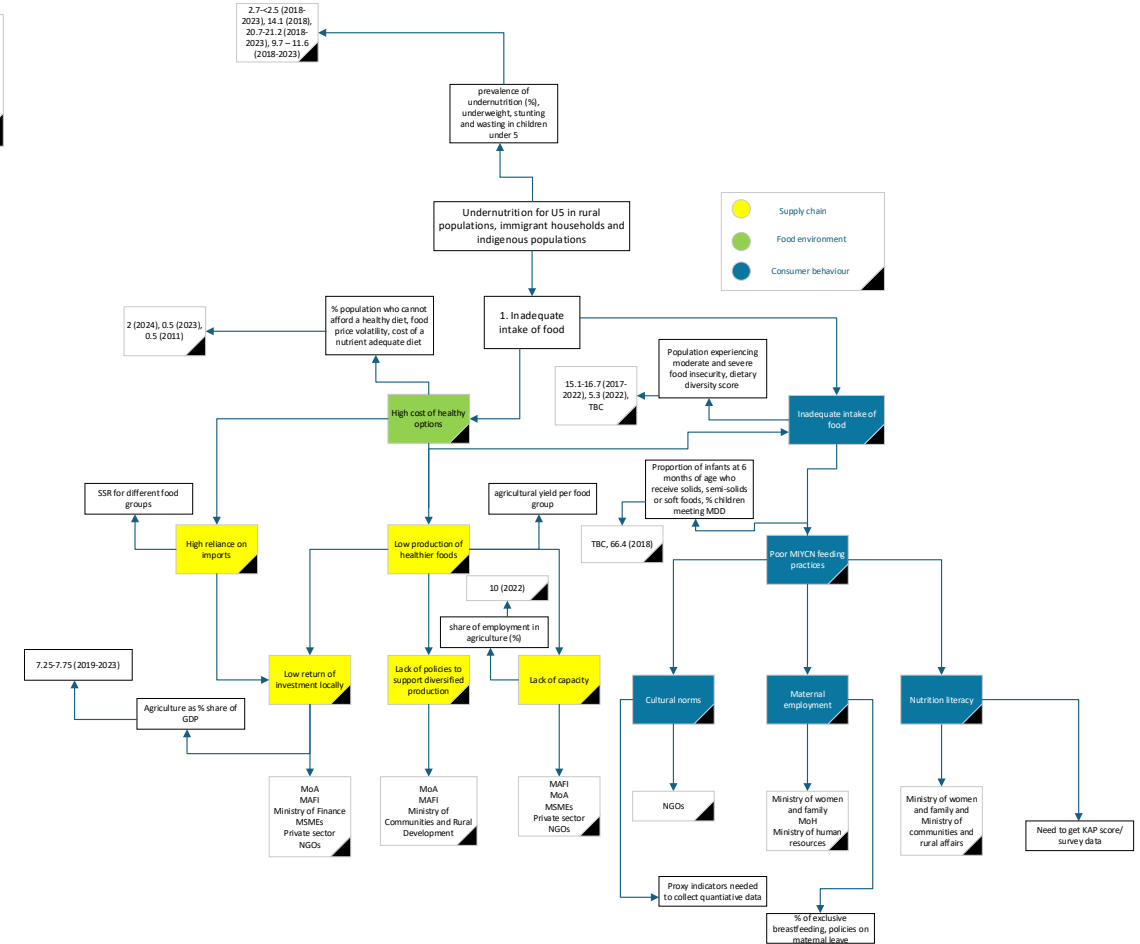
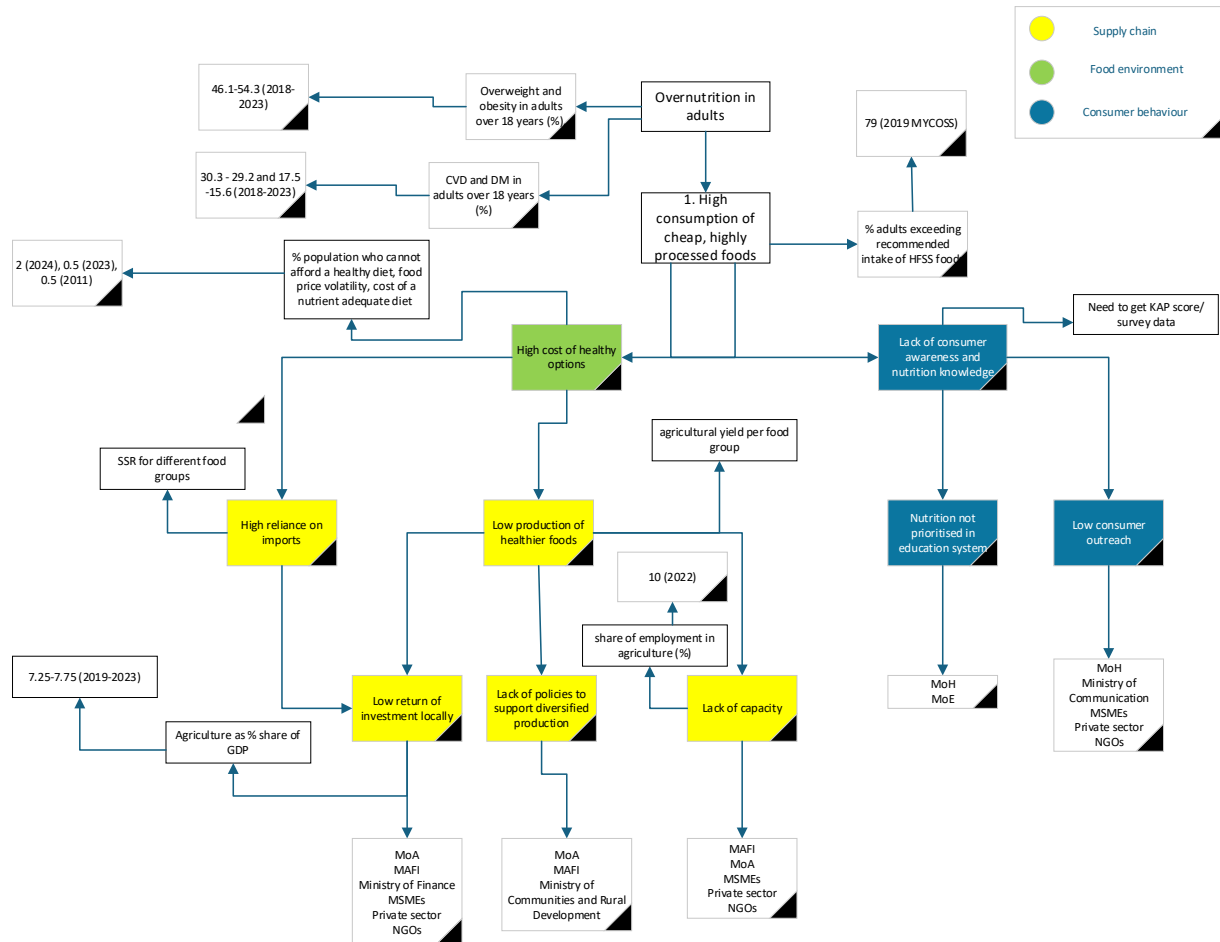
Solutions are developed using a theory of change (and impact pathways)

Relevant indicators are identified for each outcome and impact

Responsible stakeholders and stakeholder platforms are identified for each activity through the technical working group



- Narrowing down priorities and indicators



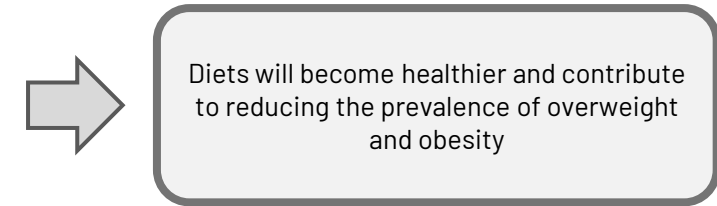
IF...



THEN...



THEREFORE



ToC to enable healthy diets to reduce overweight and obesity