Food and Agriculture Organization of the United Nations

Toolkit and e-learning courses on nutrition and food systems

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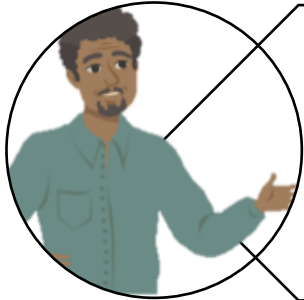Food and Nutrition Division (ESN)
FAO

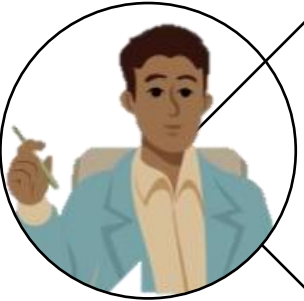# E-learning courses: an overview

Developed with the support of:

European Commission

Federal Ministry of Food and Agriculture

WORLD BANK GROUP
Agriculture

Quality 1: Content tailored to target audiences

For nutrition experts:

- Developed to support the planning, implementation and M&E of nutrition-sensitive programs.

- Can be adapted to the needs of different audiences and contexts.

For professionals in nutrition-relevant sectors:

- Developed to respond to the need of those professionals who work towards mainstreaming nutrition in their sector.
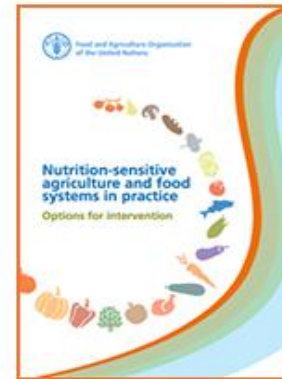
For senior management:

- Developed to provide an overview of key concepts and of what can be done to promote nutrition-sensitive approaches.

- Different resources and training modalities can be promoted among their staff.

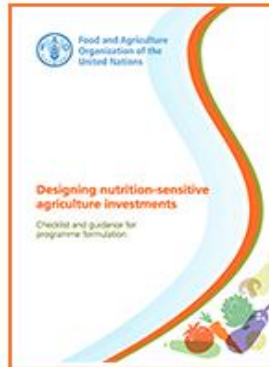# **Quality 2:** Builds on a Toolkit that is easily accessible

Key recommendations for improving nutrition through agriculture and food systems

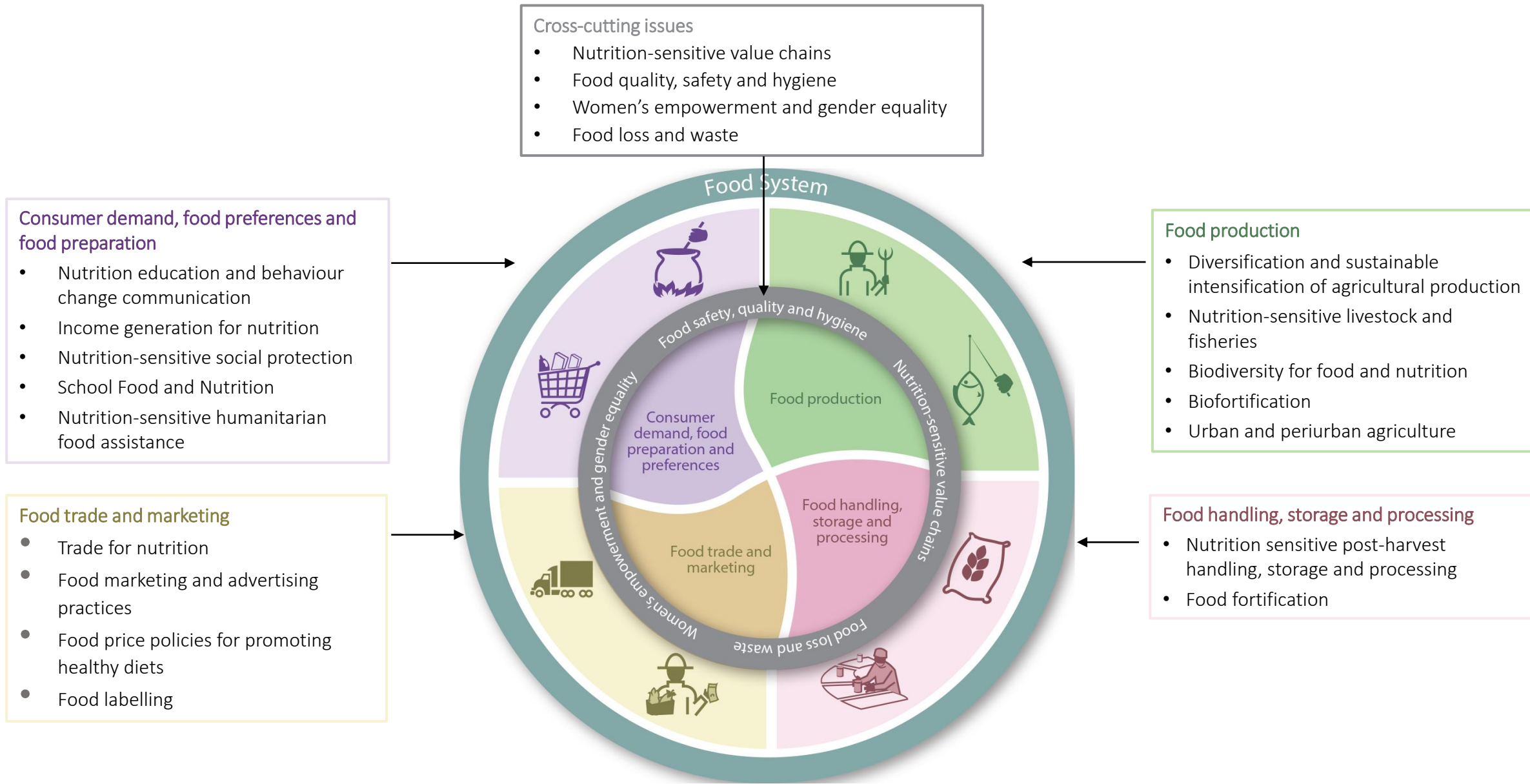Nutrition-sensitive agriculture and food systems in practice. Options for intervention

Designing nutrition-sensitive agriculture investments. Checklist and guidance for programme formulation

Compendium of indicators for nutrition-sensitive agriculture

Quality 3: Based on a food systems approach

Cross-cutting issues
- Nutrition-sensitive value chains
- Food quality, safety and hygiene
- Women's empowerment and gender equality
- Food loss and waste

Consumer demand, food preferences and food preparation
- Nutrition education and behaviour change communication
- Income generation for nutrition
- Nutrition-sensitive social protection
- School Food and Nutrition
- Nutrition-sensitive humanitarian food assistance

Food production
- Diversification and sustainable intensification of agricultural production
- Nutrition-sensitive livestock and fisheries
- Biodiversity for food and nutrition
- Biofortification
- Urban and periurban agriculture

Food trade and marketing
- Trade for nutrition
- Food marketing and advertising practices
- Food price policies for promoting healthy diets
- Food labelling

Food handling, storage and processing
- Nutrition sensitive post-harvest handling, storage and processing
- Food fortification

Objective

To enhance Member States' capacities to design and implement context-appropriate and evidence-informed coherent food-systems policies and actions that promote healthy diets for all from sustainable food systems.

Enabling Environment
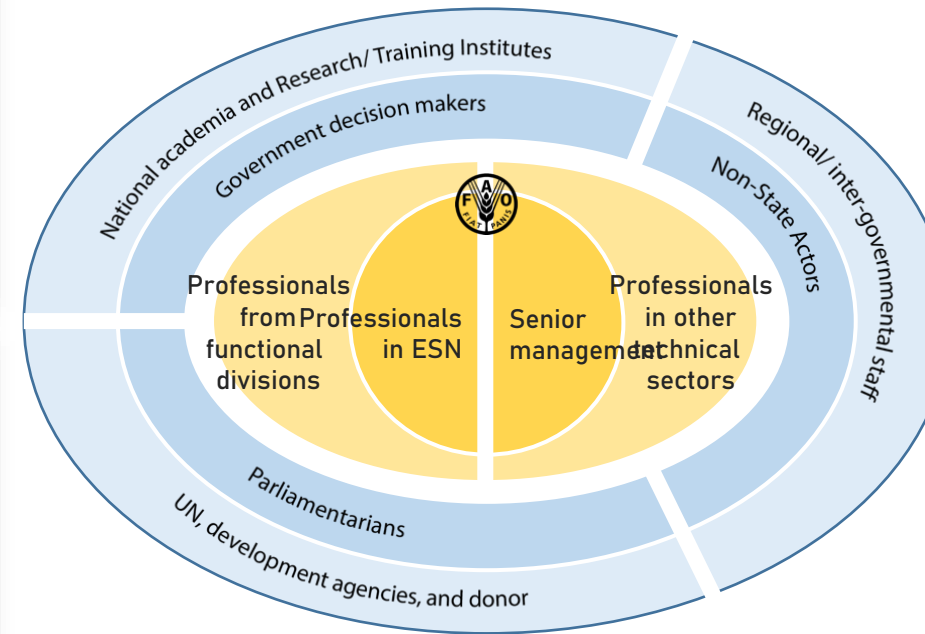
Organisational level

Individual level

Policy and Normative

Knowledge for evidence-based decision-making

Partnering for improved coordination

Implementation supported by human and financial resources

National academia and Research/ Training Institutes

Government decision makers

Regional/ inter-governmental staff

Non-State Actors

Professionals from functional divisions

Professionals in ESN

Senior management

Professionals in other technical sectors

UN, development agencies, and donor

Parliamentarians

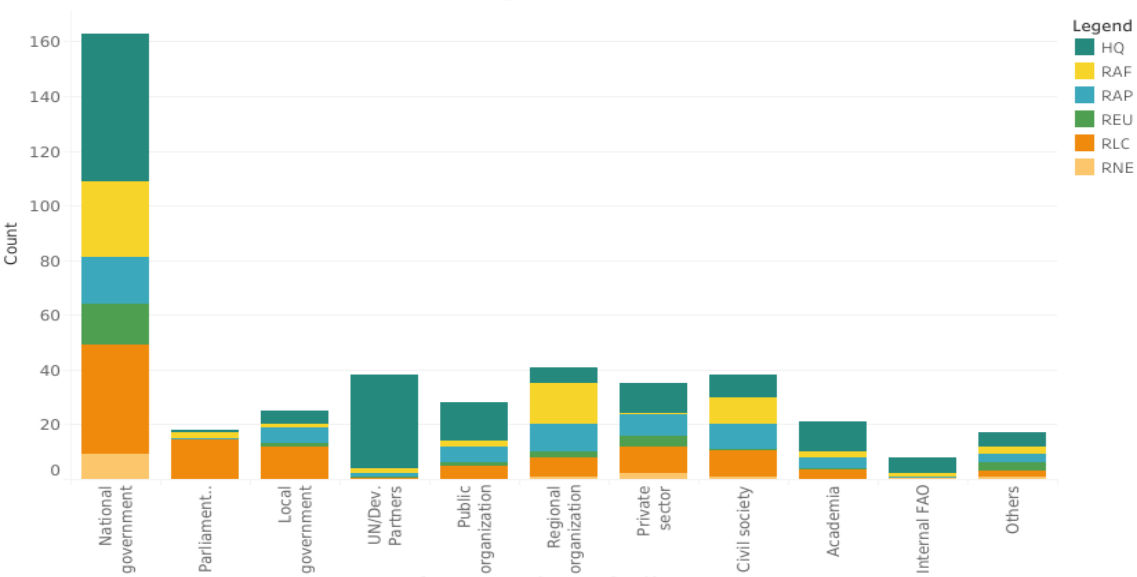# CD dimensions

Functional capacities

CD targets

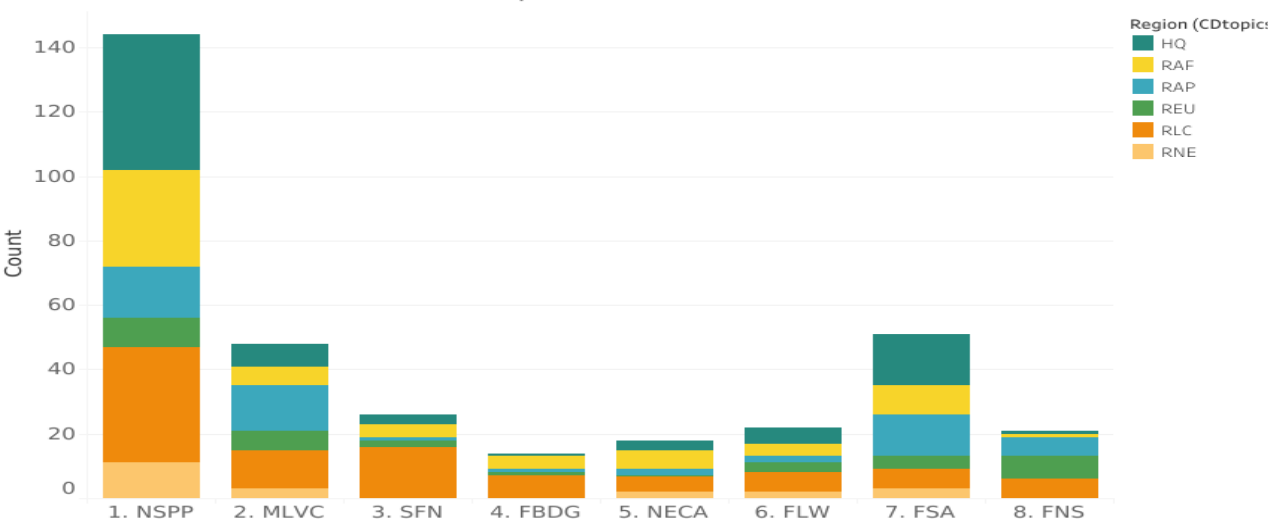# Implementation Plan: **CD 2020-2021 (outc. 1-5)** & Way forward 2022-2025

1. **NSPP** Nutrition-Sensitive Policies & Programs
2. **MLVC** Market Linkages & Value Chains
3. **SFN** School Food and Nutrition
4. **FBDGs** Food-based dietary guidelines
5. **NECA** Nutr Education & Consumers' Awareness
6. **FLW** Food Loss & Waste (FLW) Reduction
7. **FSA** Food Systems Assessments
8. **FNS** Food Norms and Standards

Count of CD targets of all outcomes

Count of CD topics of all outcomes

Legend / Region (CDtopics): HQ, RAF, RAP, REU, RLC, RNE

	Priority CD focus in 2022–2025
1	• Promote use of dietary indicators
2	• Analyse evidence of FS impact on diets (M&E of policies/programs) • Share good practices in promoting healthy diets
3	• Engage private sector actors in strategic and constructive ways • Broker inclusive dialogue to reform food systems toward healthy diets
4	• Repurpose CD resources based on needs for policy implementation at sub-national level & increase their uptake (through CD platforms) • Target Non State Actors with tailored CD strategies to support delivery
5	• CD of Parliamentarians (allocate budget, accountability mechanisms) • Partnering events specifically to promote an inclusive CD approach that resonates with government and Non State Actors
6	• Uptake of nutrition-sensitive programming guidance • Corporate system for cooperation across different levels (HR) • Assign and use the FAO Nutrition Policy Marker

Available resources

Toolkit on nutrition-sensitive agriculture and food systems:
www.fao.org/nutrition/policies-programmes/toolkit

E-learning modules on nutrition-sensitive agriculture and food systems:
- Nutrition, food security and livelihoods. Basic concepts elearning.fao.org/course/view.php?id=194
- How to conduct a nutrition situation analysis elearning.fao.org/course/view.php?id=393
- Improving nutrition through agriculture and food systems elearning.fao.org/course/view.php?id=307
- Design and monitor nutrition-sensitive agriculture and food systems programmes elearning.fao.org/course/view.php?id=603

Additional e-learning modules available @ FAO E-learning Academy:
- Food loss analysis case study methodology elearning.fao.org/course/view.php?id=374
- Building a common vision for sustainable food and agriculture elearning.fao.org/course/index.php?categoryid=28
- Agreeing on causes of malnutrition for joint action elearning.fao.org/course/view.php?id=192
- Food Composition Data elearning.fao.org/course/view.php?id=191
- Nutritional status assessment and analysis elearning.fao.org/course/view.php?id=189
- Enhancing participation in CODEX activities elearning.fao.org/course/view.php?id=178
- Home Grown School Feeding elearning.fao.org/course/view.php?id=529
- Sustainable Food Value Chains for Nutrition elearning.fao.org/course/view.php?id=566

We are looking for partners
to increase the uptake of our resources!

For more information:
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