

The ISPA-FSN tool and the e-learning course

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FAO

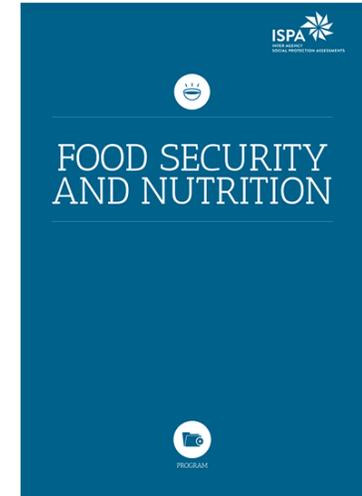
The e-learning course on the ISPA-FSN tool

Why? To:

- Promote the uptake and implementation of the tool
 - Operationalize the ISPA-FSN publication
- Create a repository of available academic evidence on the linkages between nutrition and social protection and guidance on how social protection programmes and policies can be made nutrition-sensitive

Features

- Based on the publication but updated (agrifood systems approach; all forms of malnutrition; affordability of healthy diets; COVID-19 pandemic)
- Highly interactive, assessment tests, videos, examples, best practices, resources
 - Certification (digital badge)
 - Recently launched
 - Currently available in EN
 - Free of charge



Title and structure

Making social assistance programmes work for nutrition: the ISPA-FSN tool

- **Course 1:** Linkages between food security, nutrition and social protection : an introduction to basic concepts and principles
- **Course 2:** The ISPA-FSN tool: assessing social assistance programmes for better food security and nutrition

Duration: around 2:30h

Target audience

- Government employees and programme managers working for the Ministry of Social Affairs and Labour
- Government employees, national and international development practitioners and researchers working on Food security, Nutrition and Social Protection issues
 - Relevant development partners

Examples from the courses

Linkages between food security, nutrition and social protection

Given that poverty and malnutrition share many of the same structural drivers, social protection provides an effective strategy to simultaneously contribute to both **poverty reduction** and **improved food security** and **nutrition**.

In order to achieve food security, improved nutrition and healthy diets for all, **coherent and complementary actions** across agrifood systems need to be promoted.

Lately, the concept of food systems has gained importance, as it is increasingly recognized as central to all discussions around food security and nutrition.



[Massive Open Online Course \(MOOC\):
Nutrition & Food Systems](#)



[State of Food Security and Nutrition 2021](#)



Examples from the courses

Key area B - Inclusiveness

KEY AREA
B

The **purpose of Key area B** is to determine whether the programme is designed and implemented to reach food insecure and nutritionally vulnerable groups, taking into account their needs and constraints.



- 1 Are the nutritionally vulnerable and food insecure families prioritized in the targeting and eligibility mechanisms? 
- 2 Is there specific consideration of the needs of the first 1 000 days between conception and the child's second birthday, and pregnant and lactating women? 
- 3 Are the constraints and needs of the nutritionally vulnerable and food insecure taken into account in the administrative processes of the scheme? 
- 4 Does the programme include gender considerations? 

In the ISPA-FSN tool, 'inclusiveness' also refers to **socially excluded groups**. In addition, it relates to whether these groups are included in eligibility for the social assistance programme.

 [Good practice tips for Key area B](#)

Examples from the courses

Food security and nutrition outcomes

As previously shown, causes of poor nutrition can be distinguished between immediate, underlying, and basic. Addressing these causes, social protection interventions can lead to positive nutrition outcomes through nutrition-sensitive and/or nutrition-specific interventions.



nutrition-sensitive
social protection interventions

Programmes that improve nutrition indirectly by influencing underlying and basic causes of malnutrition

nutrition-specific
social protection interventions

Programmes that address immediate causes of malnutrition

Outcomes of social assistance programmes can include the following:

Availability of household resources and food security



Availability of health and nutrition resources



Strengthen stability and resilience



Avoid negative coping strategies



Improvement of school attainment and performance



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Thank you!

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